

Summer 2014 Newsletter



Ancoura

FUNDRAISING DINNER - A GREAT SUCCESS!!

Ancoura's second annual fundraising dinner was held at the St. Elias Banquet Hall on May 8th. Guests dined on a sumptuous four-course meal and enjoyed bidding on silent and live auction items. Richard Haughian spoke about the work of Ancoura, while Bernd Rohde described the tremendous job that Ancoura is doing, from the point of view of a parent. Peter Kaspersetz, Ancoura resident, moved the audience with a description of how Ancoura has changed his life. Our Master of Ceremonies and auctioneer, Kent Browne, kept us organized and laughing throughout the evening. The net profit from the event was an amazing \$11,000. A big thank you to all those who made this evening such a success.



Diners enjoy conversation before the meal

BRAIN AND MENTAL HEALTH ART SHOW

On April 12, the Society for Neuroscience (Ottawa Chapter) held its third annual Brain and Mental Health Art Show at Grounded Café in Ottawa. Over 45 art works were displayed, illustrating different aspects of mental illness and demonstrating a fascinating and undeniable link between brain science and mental health. A large, enthusiastic crowd came out to cheer on the artists and organizers and bought many of the art pieces. Proceeds from the show totaled over \$2,800. Ancoura was delighted to be chosen as the Society's recipient charity for 2014. We are very grateful to the Society for Neuroscience (Ottawa Chapter), and the artists, organizers, and patrons, for including us in this wonderful event and supporting us in our work.

TRILLIUM FOUNDATION GRANT WILL HELP WITH THE ROAD AHEAD

Since 2009, when we opened our first home with three residents, Ancoura has grown considerably and now has four homes and twelve residents. Earlier this year, we received a grant from the Trillium Foundation to help us going forward. A consultant has been hired to make recommendations designed to enhance the organizational functioning of Ancoura and to improve how we deal with resident selection, volunteer recruitment and fundraising.

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PETER KASPERSETZ: ANCOURA RESIDENT

Peter is a thoughtful and considerate person who counts his blessings. He enjoys living in an Ancoura townhouse with two other men who also have a mental illness. He says that Ancoura provides a foundation for him to stay steady and on an even keel. The social activities with the visiting volunteers are very important to him and he also enjoys conversations with Jacquie, the Ancoura coordinator. His family is relieved to know that he is in a good place in his life.

Peter says that Ancoura's support acts as a safeguard against recurrence of his illness. Ancoura is very happy to have Peter as part of our community.



Peter Kaspersetz, Ancoura resident

ASHBURY STUDENTS WIN \$5,000 FOR ANCOURA

Good things can happen when you combine a great cause with youthful talent and exuberance. Such was the case when four Ashbury students chose Ancoura as a charity that successfully addresses mental health issues in the Ottawa community. The students contacted Jacquie, our coordinator, and visited our office and one of the residences. They developed a presentation to advocate for Ancoura and demonstrate the impact that a grant would have on the community. They competed with several other teams which made presentations on behalf of other charities and won the grand prize of \$5,000 for Ancoura.



Ashbury students and Jacquie

BIG SOUL CONCERT—A GREAT FUNDRAISER FOR ANCOURA



On March 29th, a community choir called the Big Soul Project sang to a large audience at Southminster United Church with proceeds going to Ancoura. The event was organized by the Mental Illness Working Group of the First Unitarian Congregation whose members put in many hours to manage and successfully carry out this event. The audience was entertained and inspired with songs of hope, love, joy and peace performed with a soulful beat. The event raised a whopping \$11,230 for Ancoura.

Big Soul Project Concert

HOW TO HELP ANCOURA

- BECOME A VOLUNTEER (CONTACT OUR OFFICE AT 613-233-8130).
- DONATE BY CHEQUE: PAYABLE TO "ANCOURA" AND SENT TO ADDRESS BELOW.
- DONATE ONLINE: CLICK HERE [ANCOURA](#) AND THEN SCROLL DOWN AND CLICK ON "DONATE NOW".
- YOU CAN ALSO DONATE A UNITED WAY CHARITABLE CAMPAIGN CONTRIBUTION TO ANCOURA. SIMPLY WRITE ANCOURA'S NAME AND CHARITABLE REGISTRATION NUMBER ON YOUR DONATION FORM.
- ANCOURA IS A REGISTERED CHARITY: CHARITABLE REGISTRATION NO. 804860955 RR 001.

Our address: Room 237
Bronson Centre
211 Bronson Avenue
Ottawa, Ontario
K1R6H5

Phone: 613-233-8130

We are on the web: www.ancoura.ca

THANK YOU TO OUR 2013 DONORS

We are very grateful to all our donors who gave so generously in 2013. Your donations make it possible for Ancoura to continue to provide permanent homes and a supportive community for all our residents. Please let us know if there are any errors or omissions.

Individuals

Karen Abbott
Raphael Amato
Kathleen Arnold
Tony Atherton
Marc Balzamo
Peter Beacham
Audrey Bean
Peter Bean
Margaret Bott
Adam Bowick
Doug Bridgewater
Bill Brown
Winifred Brown
Marlene Campbell
Jayne Carreau
Robert Carrière
Helena Carver
David Chernushenko
Karen & Ron Coll
Colleen Conway
Joanne Curran
Nancy Day
Anne d'Entremont
Alex deVries
Judy Dougherty
Kevin Doyle
Judy Dunlop
Douglas Emmons
Charles Everett
Irene Fagan
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Aline Laliberté
John R. Larocque
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Beverley Miranda
Diane Morrison
Fran Mowbray
Lynda Munro
Clara Nasello
James Noonan
Sheila O'Grady
Harrison & Fatima Peiris
Eugene Perabo
Lavada Pinder
Stelios Pneumaticos
Clifford & Madeleine
Power
Kevin Power
Mark Power
Jane O'Brian
Maurice Prevost
Jim & Maureen Ramsay
Nancy Ross
Renée Ryan
Rosemary & Gyde
Shepherd

Estate of John Shea
Sriyani & Neil Silva
Nicola Sinclair
Maureen Sly
Carl Sonnen
Maurice Sullivan
Roz Taller
Janet Thompson
Susan Tomenson
K.M.Tuckey
Margaret Veitch
Robert Ward
Gerhard Weinhold
John & Rosemary Williams
Dorothy Wood
Peter Wood
Qing Yang
Anonymous (5 donors)

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